

THIS WEEK

CAMPUS

Wind Symphony

The Northwest Missouri State University Wind Symphony under the direction of Carl A. Kling, director of bands, will perform a concert with David Vining, trombone guest soloist, at 3 p.m. Sunday, Oct. 4, in the Mary Linn Auditorium of the Ron Houston Center for the Performing Arts.

The show will include a number of performances to highlight the metal-themed program.

Fashion Show

The Northwest Missouri State University Chapter of Students in Free Enterprise is sponsoring a fashion show on the Northwest campus, with all proceeds benefiting the United Way of Nodaway County at 8 p.m. Tuesday, Oct. 6, in the J.W. Jones Student Union Ballroom.

Tickets, available at the door the evening of the show, are \$5 for students and \$7 for adults.

COMMUNITY

MHS Golf

Maryville finished third overall with a team score of 399 at the MEC tournament on Monday at Mozingo.

Junior Amy Van de Ven led the way for the 'Hounds by shooting a 95 to finish fifth overall and earning all-conference honors.

Freshman Jessica Pfost and junior Shannon McClellan both shot 100 to finish in a tie for tenth and the final slots on the all-conference list.

Maryville budget

The city of Maryville's budget remained flat from this time last year.

Approved Monday night, spending this year fluctuated slightly.

There were no cuts to major programs in the city budget.

BEARCATS

Thursday

-Soccer, 4 p.m. at home -Golf, Mozingo Lake Golf Course, Bearcat Fall Classic

Friday

-Golf, Mozingo Lake Golf Course, Bearcat Fall Classic -Volleyball, Washburn Invitational, Topeka, Kan.

Saturday

-Football, 1:30 p.m. at Missouri Western, St. Joseph, Mo. -Volleyball, Washburn Invitational, Topeka, Kan. -Cross Country, Emporia State Invitational, Emporia, Kan. -Soccer, 1 p.m. at Nebraska-Omaha, Omaha, Neb.

SPOOFHOUNDS

Thursday

-Boys Soccer, 4 p.m. vs. St. Joseph LeBlond at Donaldson-Westside Park -Volleyball, 5 p.m. at Savannah -Softball, 5:00 p.m. vs. North Platte at home

Friday

-Girls Golf, 9 a.m. at St. Joseph Benton, Benton Tournament -Football, 7 p.m. at Chillicothe

Monday

-Volleyball, 5:30 p.m. vs. Rock Port at home

STATE BUDGET

Officials prepare for state finances to get worse

By Greg Miller
News Editor

Missouri higher education institutions have more financial obstacles to face as the state of Missouri is facing structural budget problems.

"The natural growth in our expenditures are not covered by the natural growth in our tax base," Paul Wagner, deputy commissioner for the Missouri department of higher education, said. "I think the weakness in Missouri revenue collections is going to continue for awhile."

Wagner cautioned that institutions, along with state government, have to prepare for a long road out of the economic recession.

Over the last several years several steps have helped the state get by, and

other cuts to the budget including Medicaid, helped the state continue fiscally secure.

Under Wagner's potential scenario, in 2011 the Missouri department of higher education would face a \$51.8 million shortfall from the 2010 budget. Stabilization money, which is free money for states to preserve programs and services, would not be as available as previously expected.

Wagner said Northwest's increase in enrollment has helped in the overall financial future of the institution.

"It's the institution's mission to serve the community and serve as many people as possible," he said. "The more students that come make it a stronger university."

Wagner also said regular tuition doesn't cover the total

cost of educating students, which still creates a problem for the state's finances, but "more people pursuing higher education ultimately is a good thing for the state and state's economy."

While the department usually recommends colleges and universities take steps to reduce costs, like using alternative fuels or

See BUDGET on A5

SUICIDE PREVENTION WEEK



photo illustration by lori frankenfield | chief photographer

New effort underway to help students with stress

By Philip Gruenwald
Missourian Reporter

Suicide is the tenth leading cause of death in Missouri and it is the second leading cause of death among college students.

"College exposes so many new stressors," warns Ben Stricklin, graduate assistant with the Suicide Prevention Grant at the Wellness Center. "And students have to deal with them without the blanket of their parents."

Stricklin is just one of many committed staff at the Wellness Center focused on curbing the effects of stress, anxiety and depression at Northwest. He and fellow staff member Leslie Bowman, Project

Assistant for the Suicide Prevention Grant are going to great lengths to promote open communication between staff counselors and students about issues such as suicide, alcohol abuse, sexual identity and everything in between.

"There's this idea that you need to be crazy to talk to a counselor, and that idea is totally false," said Stricklin. "Our main focus is to let students know that we're here to talk."

"Our counselors are here to listen, free of charge, at any time of the day," Bowman added.

Extensive counseling is a product of the Suicide Prevention Grant, Northwest's multifaceted response to teen angst on

campus. The grant, now in its fourth year, had expired in 2008. In order to gain the second grant, Northwest had to re-apply and compete with over one hundred other schools for the funding.

Beau Dooley, director of wellness/assistant director of health services, authored the winning grant re-application proposal for the second round. This year marks the third academic year of Dooley's crusade against suicide, although his efforts go far beyond suicide alone.

"We're trying to promote an environment of overall positive mental health. Tangentially," Dooley continued, "we're doing anything we can

to reach students with resources that contribute to their well-being."

Dooley's means of outreach consist mainly of Residential Life seminars and counseling sessions.

"In a one month period, Beau alone has reached over 655 students," said Bowman.

Dooley explains that he could not ask for a better environment. In a recent poll, 25 percent of Northwest students admit to feeling "so depressed that it's difficult to function" at least once in the last 12 months. When asked if they had felt overwhelming anxiety at least once over a

See PREVENTION on A5

ACADEMY

Cultural diversity emphasized

By Greg Miller
News Editor

A new recruitment office in China will help the Missouri Academy expand its intercultural mission.

"Inviting international students, is a way of achieving a certain level of intercultural diversity," said Dr. Cleo Samudzi, dean of Missouri Academy at Northwest Missouri State University.

This is the third agent the Academy has brought in over the last three years; the first two were from Panama and Korea.

When the academy was first initiated, officials discussed how to internationalize the program, but wanted to focus on making the Academy a success before expanding to a bigger goal.

Three years ago, they started pushing for more, in an effort to create a bigger experience for students

Samudzi said the Academy is interested in "social and intercultural confidence of our students," the ability of residents to work with people who are different, and acceptably.

Samudzi said it can be achieved by creating a diverse community and intentionally introduce programs in the environment.

These partnerships with international recruiters happened by chance, he said.

"You put yourself out there, so that a chance happens," Samudzi said.

He also stressed it is harder to recruit students for the Academy because they are younger than the traditional international student on this campus.

Samudzi said there are 25 students from other countries attending the Academy. He doesn't expect the total number of students overseas to reach higher than 25 percent of the Academy's total population.

"We don't want to get to a point where a Missouri resident is competing for a spot here," Samudzi said. "This is a Missouri program, so we must benefit Missouri residents first."

The benefits can be tremendous for the Missouri Academy students because social interculturalism is important.

"You develop critical thinking skills from working with people who are different from you," Samudzi said. "This is becoming a global society."

FRESHMAN HEATHER SHUMAKE donates blood on Tuesday at the fall blood drive put on by Student Senate with help from Community Blood Center. The blood drive took place Monday through Wednesday. They gathered 63 units on the first day of the drive.

photo by lori frankenfield | chief photographer



CAMPUS PARKING

Students face much larger fines, towing for illegal parking

By Matthew Leimkuehler
Missourian Reporter

Towing fines are a reoccurring theme for many Northwest students this semester, as the violations have drastically increased from previous years.

"There has been more towing so far this year," said Clarence Green, University Police director.

"What we've done is we've identified some areas that are high priority areas where a lot of parking violations take place," Green said. "We've instigated a lot more towing for folks who don't have permits or who are parked illegally in those areas. We've always done towing, just not at this volume."

High intensity areas include areas around the

J.W. Jones Student Union, Colden Hall, the Valk Center and Lamkin Activity Center. These areas are considered high intensity due to the fact that students park there without permits, in illegal zones or in faculty/staff parking lots.

There is a high price to pay for those that get towed for parking in illegal areas on campus. The fee is \$50 and the car is towed to a lot located on the west end of campus.

Melissa Gay faced trouble while being parked illegally.

"I was parked at South on a Saturday afternoon whenever we had a home football game and I came out later that night and my car is gone," Gay said. "It was a really bad experience and I was pretty mad."

Green said the increase in towing is to be fair to others who bought parking permits.

"We're just trying to make sure that we can ensure open parking for those people that have purchased a permit. It's another way of making sure to get those violators out of there so that we can keep those parking spaces open for folks who have a permit," Green said.

Gay learned her lesson from her towing experience.

"If you just have to walk a little bit further to not get a huge ticket it's worth it I'd say," she said.

Green also included optimistic advice to students on campus to avoid being towed.

"Read the signage at the entry to all the parking on campus, there's signage that



photo by mallory dahmer | missourian photographer

STUDENTS NOTICE AN increase in campus ticketing. Cars have been towed to the gravel parking lot behind the practice fields. A towing ticket costs 50 dollars.

identifies where you can park and where you can't park," Green said.

Green also advised students to arrive early and if you are a commuter to park

on the west side of campus by Phillips Hall, parking spots are available there.

PLACKARD CLEANING



photo by mallory dahmer | missourian photographer

FRESHMAN SEMINAR CLASSES were spent in the sun on Thursday afternoon, while cleaning tree name plates. Freshman Jacob Schlaugh was assigned to the trees around Colden.

STUDENT SENATE

Student regent position open, Nixon to select candidate next year

By Kylie Guier
Asst. News Editor

The search for a new student regent is in full swing as the school year continues.

The Board of Regents serves as the governing body for the University and its students. The student regent is the sole student on the board and is a non-voting member.

The Regents meet in the boardroom in the Student Union to discuss issues throughout the year, such as budget, student housing and honoring University faculty and staff.

The student regent position is a two year term and will be named by the Gov. Jay Nixon sometime next semester.

Dean of Students, Matt Baker, said the application process is still being developed, but they should have one in the next few weeks.

Student Senate's Stu-

dent Affairs Committee is currently trying to put the word out and collect a list of names of interested individuals.

"They will gather the names of people that are interested and go through the process of making sure that the students understand the time commitment and everything that will be required over the next two years," Baker said.

Baker said Student Senate wants to make sure there is an adequate pool of potential candidates for President John Jasinski to meet with before three names are sent to the governor.

The student regent position requires a large time commitment despite only having three to four board meetings a semester. There are also retreats where issues such as budget and curriculum are discussed in depth.

Current student regent, Bradley Gardner, was

appointed in the spring of 2008.

Gardner said he had to apply for the position and be interviewed by former President Dean Hubbard before becoming a finalist and being sent to Jefferson City.

Gardner said the main role of the student regent is to serve as a liaison between the Board of Regents and the students.

"I try to get the general consensus and opinion on certain issues from the students and relay it back to the board," Gardner said. "I generally just make sure the students' best interest is kept in the back of the board's mind."

Baker said that anyone who wants to be student regent must be involved and have a good understanding of what students face. He added that anyone with intelligence, willingness to learn and advocates for students would be a nice

candidate.

"We need someone who is well-balanced, listens and is a good communicator," Baker said. "Someone who has the best interest of the students and Northwest at heart."

Gardner said the entire experience for him was exciting and what he learned is beneficial in the future.

"I've learned a lot about how the school works and how the whole system of higher education works," Gardner said. "I've met a lot of interesting people and learned how to basically stand up for the students."

Baker said that his goal was to have the Student Affairs Committee post information on their Web site about the search and host informational sessions to let students know the position is available. The plan is to have a list of candidate names by mid-November.

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during lunch time in Union, Anytime at the Station,
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Student Tickets = \$5.00
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BKE Refreshments Served Door Prizes **Free Beer**

All proceeds benefit the Nodaway Country United Way
Event organized by the Northwest Students in Free Enterprise (SIFE) Team

MHS HOMECOMING

Spoofhound spirit shines in Maryville

By Mark Kauffman
Missourian Reporter

Maryville high school lost itself in a frenzy of Spoofhound pride all week. While Maryville’s victory over the Cameron Dragons was exciting, the homecoming spirit couldn’t be contained in a single football game. The school changed some of its homecoming tradition this year. These changes increased student participation and school spirit dramatically. Ashlee James, Student Council sponsor, said the success came from keeping homecoming activities near the school and around school hours. Decoration remained a crucial part of homecoming

celebrations this year. Art-class decorations saturated the hallways. Each class was assigned a different part of the hallways to decorate. This method was implemented last year. Students decorated more than just hallways, however. The schoolyard exploded with signs showing Spoofhound spirit. This year marks the first time the schoolyard was decorated. In the past, school athletes would get their yards decorated. Moving that activity to the school campus made it accessible to a larger number of students. It also made school spirit an inescapable daily reality. Before this year, “you wouldn’t know it was homecoming unless you drove past a player’s house,” said Darbi

Fuhrman. Maryville’s student body took themes like “Psychedelic Day” and “Favorite Senior Day” to the fullest. “When I was a freshman, it wasn’t cool to dress up during homecoming. Now you’re a loser if you don’t,” Fuhrman said. Students weren’t the only Spoofhounds showing school pride this week. Maryville high school encouraged alumni to return and participate in the celebration. A few brave alumni stood with the choir to sing the national anthem before Friday night’s football game. Last week held many firsts for Maryville’s homecoming. From schoolyard decorations to returning alumni, changes



photo by lori frankenfield | chief photographer

FRESHMAN FOOTBALL PLAYERS Michael Spencer, Paden Maudlin, Cole Forney and Treyton Burch cheer at the Maryville High School pep rally for homecoming Friday afternoon. As part of the celebration, each class was in charge of decorating a different hall way in the school.

in tradition served to include everyone in the week’s festivities. “When I saw some of those kids who wouldn’t normally get a chance to participate taking the opportunity to help their school it brought tears to my eyes.” James said.

5K RUN

Race to raise awareness of asthma sufferers has personal meaning

By Cassie Thomas
Missourian Reporter

Friends, family and even those who never knew Jennifer Shaw Suhr will come together this Saturday in the second annual 5K memorial run/walk. The proceeds of this event will be donated to Children’s Mercy Hospital in Kansas City. Jennifer Shaw Suhr graduated from Northwest in 1992. During her time at Northwest, she was a member of Phi Mu sorority. In 2000, Shaw died from an asthma attack. Jennifer’s family now cares deeply about keeping her memory alive. Jennifer’s mother, Sandi Shaw remembers Jennifer as being determined to live her life despite her asthma.

“Jennifer was a great mom, daughter, wife and friend who led an active and healthy lifestyle. She battled Asthma her entire life, but never let it stop her from running, bicycling, playing softball and water skiing,” Shaw said. Jennifer’s husband, Troy Suhr, and son Wyatt are very glad that they are able to keep her memory alive through this event. “Our main purpose is to come together and make a difference so we can help other families that live with asthma,” Suhr said. Last year, Jennifer’s family contacted the Phi Mu chapter at Northwest and together they planned and put on the first memorial 5K run/walk. Tim Shaw, Jennifer’s brother, and his wife Julie

Shaw are very passionate about this event, because they believe that it helps to educate others. “If we can save even one family from dealing with the loss of a loved one by asthma education, we have succeeded,” Shaw said. Jennifer’s family has worked endlessly to get this event started, but credits much of the success to the support of others around them. “We are really thankful for all of the support we’ve gotten from local businesses and the community of Maryville in general. We could not have done anything without the Phi Mu girls and the support of St. Francis,” Shaw said. This event means a lot to Phi Mu at Northwest because she was a member of their chapter. Amber Dougan is the Philanthropy chair for the sorority this year and has been doing a lot of behind the scenes work preparing for the memorial run. “I think that it is a really important event because it allows us to give back to something that means a lot to us. Also, it’s important because people don’t realize that asthma really is a serious disease,” Dougan said. This year, the non-competitive race will begin this Saturday at 9 a.m. at the Raymond J. Courter College Park Pavillion, west of the Bearcat Stadium. Registration is \$10 for students and children and \$20 for adults. Each participant will receive a T-shirt along with 2 raffle tickets.

HEALTH

Medical professionals promote new products

By Kylie Guier
Asst. News Editor

The first health awareness show for Maryville was held at the Maryville Community Center Saturday morning. The show provided a vast amount of information on wellness and supplements. Chairs lined the back meeting room as community residents interested in products and education to improve their health gathered. Attendants were given a questionnaire about health issues they, their friends or family might have. Joyce Harris, RN, and Greg Ford, a dialysis nurse from Kansas City, hosted the show. Ford said he has done these health awareness shows for a little over a year. “It’s actually a passion of mine,” Ford said. “I got into nursing to help people.” Harris said that the shows are usually done in private residences or recreation centers, but since she taught aerobics at the Maryville community center it was convenient to have one there. The show was the first in Maryville and the first one Harris has hosted. Most of the shows held by Ford are in the Saint Joseph and the Overland Park, Kan., area. The show started with Ford and Harris handing out numerous fliers to the community members with information on each of the products they would be showing. They were also given

a large booklet with more information about the parent company Market America and numerous other products from the company not shown. Afterward a brief video on the digestive system and affects of junk food such as, doughnuts and cheeseburgers, on the human body was shown. The video was directed more toward children. “One in four children have Type 2 diabetes today,” Ford said. “A lot of kids are having problems with their skin as well because of all of the hormones being injected into cows for hamburgers.” Ford explained that the digestive system was the starting block to our health, and supplementation is important because things are being sped along with food due to hormone injection. The main products discussed were the nutraMetrix Ultimate Aloe, nutraMetrix Torch After-Burn and Pre-Burn, nutraMetrix Isotonix OPC-3 and nutraMetrix Isotonix Calcium Complete. The Ultimate Aloe helps promote digestive comfort and normal healing. It contains 200 nutrients, enzymes, vitamins and minerals. The aloe also supports a strong immune system. The Isotonix OPC-3 is made up of potent antioxidants. The product demonstrates anti-inflammatory

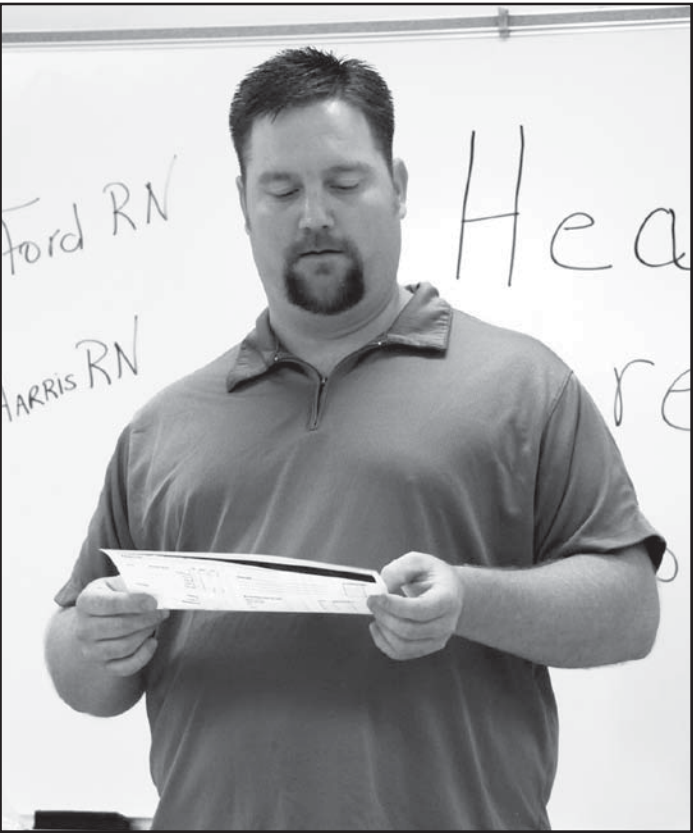
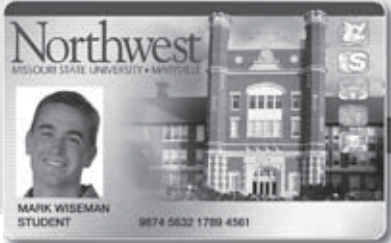


photo by lori frankenfield | chief photographer


REGISTERED NURSE GREG Ford came to Maryville Community Center to speak about Health Awareness Saturday morning. This is the first Health Awareness presentation and it taught the importance of wellness and supplements.

activity and promotes cardiovascular health. Ford said he started using the product over a year ago to help with his hay fever. He has not had problems with it since. Harris said she was a big fan of the Torch products for working out, and that NFL teams such as the Indianapolis Colts and Dallas Cowboys use the product. The Torch products help increase lean muscle mass, promotes muscle growth, replenishes electrolytes and inhibits the breakdown of proteins within the muscles during intensive exercise. All residents in attendance received free samples of the products and a taste of the OPC-3. “I don’t have a problem talking about the products because they work,” Ford said. Harris also discussed being in the process of starting a new lifestyle program for the Maryville area. It will be a 12-week program with Harris on wellness. She plans on implementing it by January. Anyone interested in hosting a health awareness show should contact Joyce Harris at the Maryville Community Center.

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BEAT-DOWN

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OUR VIEW

When times gets tough, take time to get help

This is the time when life starts getting tough. Students are given more freedom of their actions, of their financial means and academic success. And with that freedom comes a great deal of responsibility, pressure and stress.

Students may find it difficult to balance work, school and a social life in a way that is beneficial. Often times they don't know exactly how to handle certain situations or stress factors. Not to mention the question I'm sure everybody has thought of at least once after the first year of

college, "What am I going to do with my life?"

It is no surprise that a lot of students feel depressed, and that depression is a leading cause for suicide among students our age. This is where Northwest comes into play.

Students, although often times feel alone in their problems, are offered several resources to combat those issues.

First, we have an excellent team for counseling, a team that will "get you in" when often times most psychiatrists usually make individuals wait

for months. For a person that is severely depressed and possibly suicidal, a month is a lifetime to wait and could end up being too late.

Second, the Wellness Center on campus does prescribe antidepressants if they think it is necessary. But a word of caution: if you feel depressed, keep in mind that many issues are an underlying cause of depression, not exclusively a chemical imbalance. Make sure to utilize both resources if you feel medication is an option for you.

Third, we have so much sup-

port with our professors, that often times we do not notice. Never does a professor want to see a student fail in his or her class or generally in life. If you feel that classes are just too much or if you fall behind, reach out to your professors and explain the situation. If you show that you are trying your best to pull through, they will see that. Even though they will not necessarily hand out a grade you do not deserve, they will however, help you in any way they can.

Just know that depression is common and nothing to be

ashamed of. Do not sweep this under the rug. As soon as you feel that you aren't as mentally well as you once were, meet it head on earlier rather than later, because honestly, later could be too late.

Students, you have so many resources at your fingertips. However, it is up to you to make that initial step. It is up to you to ask for help.

And suicide is never an option for becoming mentally well again; it goes against the very nature of humans, that of self-preservation.

WHAT THE DEUCE

The U.S. Supreme Court has agreed to hear a case on a handgun ban in Chicago, which will set the precedent for how future cases will be decided on the Second Amendment's right to bear arms clause.

This isn't the first Second Amendment case the Supreme Court has heard, but it is one that would be applicable to the states through the Fourteenth Amendment.

The last case heard was a ban in D.C., which is not a state, so the ruling did not apply to the rest of the country. By this summer, when the opinion for the Chicago case is released, we should have a better feel on what the Constitution allows and what restrictions may be applied to the Second Amendment.

COLUMN



MY VIEW

Be informed before you take sides on healthcare

As our college years wind down to a close and we arrive at adulthood, we have more things to worry about than buying a new car or paying off student loans. The issue at hand may be much more important than most students consider it to be; this is because healthcare affects everyone nationwide, whereas new cars and student loans likely hit a smaller population.

It is not hard to guess that as town hall meetings and legislative speeches are displayed almost daily on television, many students flip the channel in hopes of finding a sitcom or drama that isn't being interrupted for political means. However, I highly urge that people our age do not change the channel and instead focus on and try to understand this heated debate.

A huge majority of Northwest students favor other subjects to government and politics, but you do not have to be in love with the subject to be educated on the issues.

Time and time again, politics play a large role in any policy change or implementation. With



Amanda Petelin
Contributing Columnist

the healthcare debate, we often hear that Democrats want to change the healthcare program for the sake of change, while Republicans rather ignore the issue altogether. But neither of those statements is close to being true.

Republicans and Democrats alike see that the current healthcare program is outdated, under funded and altogether complicated.

Regardless of which side of the debate you agree with, being educated on the issue puts you steps ahead of many Americans.

Going to Google, Bing, Yahoo or any other search engine is just the beginning; from there it may be necessary to pick up a newspaper, watch a few episodes of the news or even have a conversation with your peers.

Considering the fact that 95% of students will not do the previously mentioned suggestions to gain information, exploring search engines will definitely suffice. But if you aren't interested in becoming deeply involved in this debate, it is highly recommended to at least get the basics.

To understand how policy implementation works, you must first think back to the days you took American Government in order to remember that Congress makes the laws, while the President does what he can to enforce the laws.

When you hear about "Obama's Proposed Healthcare Reform" just recall that all he can do is recommend an idea to individual Congressmen. From there, Congressional members can go with the President's suggestions, but in no way are they forced to do so.

The only power the President holds when it comes to legislation is the power of persuasion. Obama may be advocating healthcare reform, but he is not writing, debating or passing policy on the floor of the House and Senate.

I urge you to get thinking. Now that you remember how law making occurs, just think about which side you believe more in.

And remember, over 40 million Americans live daily without any form of healthcare, but those who are insured with a healthcare plan are seemingly happy with the coverage they receive. How does that affect the kind of reform you believe in?

MY VIEW

To excel, let voices, expectations be known

By Erin Holm
Contributing Columnist

Being Student Senate president comes with more opportunities than most would expect, and I never thought I would get the chance to serve on the University committees that I have.

One committee in particular, the Strategic Planning Leadership Team, sticks out among the others. This committee is comprised of various leaders amongst the faculty and staff as well as President John Jasinski.

Last week, we had a meeting to discuss strategic planning options and opportunities for Northwest. During one session, we were separated into small groups and given various topics to discuss. The group I was a part of was to discuss student and university stakeholder's expectations.

We brainstormed about the different things students, faculty, staff, parents and the job market expect from this university. Some of these included a safe environment, a residential experience and graduation.

This conversation about what we want from this university really got me thinking. What is it we all want, and how in the world are we going to get it?

I'm sure each and every one of you had some kind of expectation about this world we call college before you got here; I know I did.

I thought I was going to go away from my parents, be on my own, go to class and

have fun. These experiences have occurred, along with many others. I got involved, I did well in class, I did poorly in others and I met a ton of amazing people (even some that weren't so amazing).

My parents had some expectations too, especially when it came to school, and they were a little higher than mine.

The faculty on this campus has expectations for all of their students, as well as themselves and their colleagues.

Our future employers are expecting a lot out of us, and this university as well. They expect us to have the skills needed to be successful in the work place.

My thoughts then wondered to what am I doing to meet all of these expectations? I think that's a question we should all ask ourselves. Obviously, not all of them can be met. But are we doing our very best? I can think of several times over the last 3 years that I haven't, and I'm sure I'm not alone on that one.

If we let our expectations be known, though, whether it's to our university or ourselves, we will begin to be the best we can be.

If we expect to feel safe when walking home from the library at night, then we should let those who are in charge know if we feel otherwise.

I challenge you all to really think about your expectations, and let them be known. Of course, we can't be greedy with them, but we will never exceed them if they remain unknown.

CAMPUSTALK

What is the biggest challenge for a nuclear weapons free world?



"The biggest challenge would be overcoming the thought that another country will try to take over the country once a different [country] finds out that they are nuclear free."

Brandon Prett
Pre-Engineering

"I think the biggest challenge would be that we would feel unsecure."

Danae Love
Psychology

"The largest issue we would have is trying not to destroy one another with the other millions of weapons we would still have. I mean I love a good war movie, but real life is no good."

Joe Barbosa
Social Science Education

"The biggest challenge, I think, would be to reassure certain countries they'd be safe without it. Countries like Pakistan and India who have it simply because their enemies do would have a hard time feeling secure without it as protection."

Kara Siefker
Sociology

"The biggest challenge for a nuclear weapons free world would be getting countries that already have a stockpile of weapons to get rid of them."

Kevin Bundy
Marketing/
Management

The Northwest MISSOURIAN

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ERIN GRUWELL



illustration by courtney edwards | managing editor

Teacher shows students more than they expected

By Trey Williams
Missourian Reporter

“Turning on a small light in a dark room, that is what teaching is all about.”

This quote came not from a well-known philosopher, nor a poet nor author. These are the words of a teacher who helped her students to accomplish extraordinary things.

The year was 1992, Rodney King was brutally beaten for no apparent reason and riots were erupting on the streets of southern California, and in the classrooms.

A 23-year-old Erin Gruwell, in her first year of teaching, walked into Woodrow Wilson High School with the intent of teaching stu-

dents English.

“I assumed that if my lesson plans were interesting everyone would just learn how to read and write, but that wasn’t the case,” Gruwell said.

The young teacher was given 150 students who not only did not want to learn but society did not expect them to learn.

“So many kids had been written off. They had been told that they would drop out and many of them believed it,” she said.

There are a lot of teachers who would have given up and written them off like the rest. But Gruwell had not become a teacher to let kids sit in the dark; she wanted to make a difference.

“I was desperate,” said Gruwell. “Most of what I did, the les-

son plans, were made up; trial and error. If one lesson didn’t work I just tried something else.”

Gruwell, looking for that connection that makes every teacher-student relationship “oh so special” needed to change the way she taught in order for her students to open up to her and begin to learn.

Getting her students to open up to her was the challenge. She took many risks and completely destroyed the box that had been carefully constructed by her college professors.

“As a teacher you have to be able to think outside the box and be willing to take risks. I think a lot of teachers are afraid to do so; they are driven by standards and that’s what takes the passion out of the

profession,” Gruwell said.

Passion is one thing that Gruwell does not lack. She speaks about her profession the way a sculptor looks at a piece of clay.

The passionate teacher and her students put together a diary of journal entries called the Freedom Writers Diaries. This was a way for her students to open up, have a voice, and see the light. Their journey was chronicled in the 2007 film *The “Freedom Writers”* starring Hilary Swank.

Gruwell’s students were not the only ones who learned something in the midst of the Freedom Writers. Gruwell also left a better person.

“On paper there were 150 students and 1 teacher, but really there were 151 students.”



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FALL TV PREVIEW



RISE AND FALL TV

See which Fall TV shows shine and those that do not live up

By **Brian Johnson**
Features Editor

While Fall brings changing colors of the leaves, it also brings changing of shows on television. This new TV lineup has produced exciting and entertaining shows across all genres, but also some real duds. Here's a look at what has the potential to be great TV, and the ones that didn't quite make the grade:

The Elite

Glee

In a bold move, FOX has decided to go in a different direction and put a musical comedy on their network. FOX is notorious for their cutting edge original comedies like "The Simpsons" and "Married with Children" and they are upholding this tradition with "Glee." The show centers around a high school show choir glee club. Think of it as "High School Musical" with a dark and edgy side. The show has become popular because of renditions of hit songs such as Journey's "Don't Stop Believin'" and Rihanna's "Take a Bow." Artists like Billy Joel have even offered the show to use his songs free of charge.

Modern Family

Leading the way for comedies this season is "Modern Family." The show is shot in a documentary style as it chronicles the lives of three suburban families. Awkward comedy much in the style of "The Office" is everywhere in this show with situations like a father being uncomfortable with his son's gay lifestyle. The show tested high in focus groups which led ABC to make it a part of their lineup. It has had great critical acclaim and was the highest watched show on network television for the entire night. Networks are seemingly making the transition from ordinary sitcoms to more original comedy, like this show. Here's to hoping that more shows like this will follow.

NCIS: Los Angeles

TV shows surrounding crime never seem to get old. Shows like "CSI" and this show's predecessor, "NCIS" have proven to be some of the more popular shows on television. "NCIS: Los Angeles" will be no exception. Chris O'Donnell ("Scent of a Woman") and LL Cool J ("Deep Blue Sea") lead the cast in a show that follows the everyday life of police officers in Los Angeles. In its opening episode, it drew in over 18 million viewers with most viewers in the 18 to 49 age demographic. Like it or not, shows like this are here to stay.

Melrose Place

One of the most controversial and guilty pleasure shows of the '90's will now belong to the next generation. "Melrose Place" has returned with an all new cast much like the CW did for "90210" last year. The new show follows the old show almost to a T. Its basic premise is a bunch of kids with too much money living in the trendy Melrose neighborhood and all the drama, and in some cases, crime that goes along with it. Singer Ashlee Simpson-Wentz and Katie Cassidy of "Supernatural" fame are its stars. Time will tell if this show will have the long-running power of the original but if enough controversy surrounds the new show as the old, it may just have a shot.

The Duds

The Beautiful Life

Leading the pack of shows that missed the mark is "The Beautiful Life." This Ashton Kutcher produced show was cancelled after only two episodes, and it's not very hard to see why. It follows a group of models, and their intertwining lives as the all live together in the same residence. It's hard to see how one can feel the pain of the cutthroat modelling world. Especially when they live in upscale housing in New York City while trying to become fashion models.

Parks and Recreation

It's unfortunate the talent of SNL alum Amy Poehler doesn't have the appropriate pedestal to showcase her talents. "Parks and Recreation" has already had a respectable first season, but the show is coming across as a less funny version of "The Office." The show has been renewed and is in the middle of its' second season, so here's to hoping for better writing for this show in the future.

Vampire Diaries

The romantic vampire genre is becoming very old very fast. "Vampire Diaries" is a show about a young woman who is the object of desire of two teen vampires. Sounds very familiar doesn't it? Just because one movie about vampire love proves to be popular doesn't mean that we need a whole genre dedicated to it. Whatever happened to vampires being evil and wanting to kill people? Why all of a sudden are they falling in love with the living? Bela Lugosi would be ashamed.

Cougar Town

What happened Courtney Cox? You used to be so funny on "Friends." Her new TV show, "Cougar Town" may be the worst TV show on the lineup. Filled with tacky one-liners about a middle-aged divorced mother, it's an insult to these kind of women everywhere. The show makes it seem like all Cox cares about is having sex with younger men now that she's single. Classy television right?

Top 3 picks

By Brian Johnson
Features Editor

Coming to Theaters: “Zombieland” opens to audiences Friday. Zombie movies with comedy thrown in have been attempted before like “Shaun of the Dead” with great success and this movie has that same potential. Starring Woody Harrelson (“Natural Born Killers”), the movie follows a group of people trying to survive a zombie apocalypse. The zombie apocalypse has proven to be a fascinating subject for movies for over 40 years with movies like “Night of the Living Dead” and “28 Days Later.” Keep on the lookout for talented and up and coming actors Jesse Eisenberg (“Adventure-land”) and Abigail Breslin (“Little Miss Sunshine”).



New album to listen to: AFI’s “Crash Love” was released Tuesday. AFI, short for A Fire Inside has proven to be one of the more cre- ative punk bands in the past few years. “Crash Love” is the follow-up to 2006’s highly successful “Decem-berunderground” and the first single, “Medicate” is receiving great commercial success having climbed to No. 11 on Billboard’s Alter- native Songs chart. Lead singer Davey Havok has one of the more identifiable voices in punk. His high register and his talent are sure to shine on his band’s latest album.

New DVD to rent: “The Wizard of Oz” 70th Anniver- sary Collector’s Edition was released Tuesday to buy or rent. The story of a simple farm girl from Kansas being transported to a magical world has entertained audi- ences for seventy years and a digitally restored three disc set is now available for the next generation to enjoy. Needless to say with three discs, there is loads of bonus material. Fans will enjoy documentaries, audio commentary, outtakes and original trailers.



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STROLLER

Your Man says high school is over

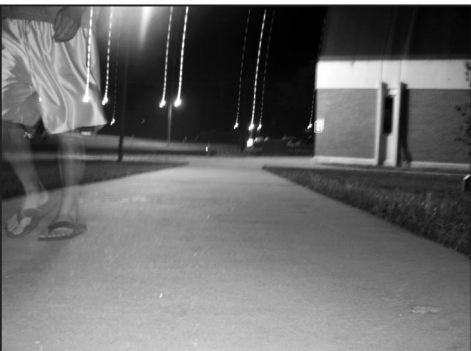
Your man wants to know why fresh- men aren’t out getting drunk. I was visiting one of my buddies in the freshmen dorms this week and I had for- gotten how horrible of a place it is to live. There are all these cocky, think they know everything, freshmen walking around. They were being loud, annoying and trashing the floor.

These kids haven’t realized high school is over. It’s time to move on, you are no longer the best looking guy in school or the hottest girl to walk the halls. Welcome to being ordinary. Get use to it and have a good time.

I have a word of advice for all you fresh- men. Go out and make some friends, get out of your dorm room and have some fun.

Do you really want to sit back years from now and remember your freshman year when you were sitting around tor- menting your RA’s. Boy do I feel bad for those people who have to play babysitters all year long.

When I look back on my freshman year I can remember parties and got too drunk I don’t remember some parties. Those were the best nights. I remember getting so drunk only because I had to take care of my girlfriend the night before and I wanted to return the favor. Now that’s true love and you’re never going to find it cooped up in your residence hall with your bad ass friends reminiscing about your high school



The Stroller

glory days. I have to admit I feel bad for you Prom kings and queens out there. It must be tough walking around campus and realizing nobody cares how strong you are or how big your boobs are. We are in college now there is always going to be someone stronger than you and fortunately there will always be bigger boobs.

I was an ordinary, plain run of the mill kid in high school and I’ve adjusted just fine.

Now I hope this has given all of you enough courage to find your way out of your dorm rooms, and go have some good times you’ll never forget. Or if your lucky enough, you’ll never remember.

The Stroller has been a tradition since 1918 and does not reflect the views of *The Northwest Missourian*.

AT YOUR LEISURE

FOR RELEASE OCTOBER 1, 2009

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

ACROSS

1 Gillette's ___ II razor
5 Young reporters
9 Half-and-half
14 ___ sapiens
15 European capital
16 Speed
17 Doe
20 Get loose for the game
21 French monarch
22 Long, long time
23 Matured
25 Maker of ergonomic kitchenware
27 Do
35 Suffix with ranch
36 Coastal bird
37 Curb, as spending
38 Dentist's directive
41 Puppy's bite
43 Nearly boil
44 Relating to the body's main blood line
46 Laddie's negative
48 Indians, on scoreboards
49 Dough
53 Sushi fish
54 Final Four initials
55 ___ acetate: banana oil
59 Hitler's stat
61 Duke Ellington's "Take the ___"
65 D'oh
68 Big name in kitchen foil
69 Sculptor's subject
70 Altar exchanges
71 Animal
72 She-bears, in Seville
73 Promgoer's concern, maybe

DOWN

1 Melting period
2 Gossipy Barrett
3 Passionate deity
4 Hustler
5 Vie
6 Military morale-boosting gp.
7 Indistinct image
8 "Already?"
9 "Evita" narrator

10 Steakhouse request
11 Canadian gas sign
12 Oodles
13 Clothing store section
18 Bygone Serbian auto
19 "Finding Nemo" studio
24 Laura of "Jurassic Park"
26 Plural ending for neur-
27 Meal on a skewer
28 1 + 1 = 3, for example
29 "___ a Good Man, Charlie Brown"
30 How contracts are usually signed
31 Pres., vis-a-vis the armed forces
32 Has ___ up one's sleeve
33 City in which de Gaulle was born
34 Rear-___: hit from behind
39 Grand Central, e.g.: Abbr.

By Jonathan Seff

10/1/09

Wednesday's Puzzle Solved

| | | |
|----------|----------|--------|
| DUG | TADA | MISHAP |
| OVA | IRAQ | ESPANA |
| FUMANCHU | TAINTS | |
| FLUB | ALAW | ANDES |
| SATURN | RASCAL | |
| SUE | ILK | LECH |
| ACHES | PARIS | BOO |
| CHORTLE | UPLOADS | |
| EAR | SANDS | EGRET |
| DISC | ICE | CEL |
| EROTIC | UTAHAN | |
| JASON | LIAR | LOCO |
| AGHAST | MUSTACHE | |
| BROKER | ADEN | KON |
| SIESTA | LIST | SOD |

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40 Sweep under the rug
42 Tylenol target
45 "Good buddies"
47 Sheathes
50 White 66-Down, e.g.
51 Cat, in Cancun
52 Land chronicled by C.S. Lewis
55 One giving Starbucks orders?

56 Double agent
57 Pantomimed disco song title
58 Many August babies
60 Don of talk radio
62 Outlet letters
63 Gaffer's choice
64 AMEX rival
66 Pied Piper follower
67 BlackBerry or Sidekick, briefly

REVIEW

Paramore boasts new slower acoustic sound on “Brand New Eyes”

By Johnalyn Vasquez
Missourian Reporter

Paramore doesn’t just have “Brand New Eyes,” they also have a brand new sound. Although a lot of fans may be disappointed to hear this, but you can forget a sequel to “All We Know Is Falling” or “Riot”. Most of the new songs are a lot less pop punk and slower. The new album has frontwoman Haley Williams using her voice more softly as opposed to the loud, some- times aggressive way she sang in the band’s previous albums. The lyrics are a bit repetitive, as well. The music doesn’t hit as

hard as someone would have expected from Paramore. Be prepared for a lot more acous- tic guitars and less drums. The music also tends to be more optimistic than the previous two albums. Which there is nothing wrong with, but if your anything like me you want a CD you can put on no matter what mood you are in. The previous 2 albums seem to have a lot more depth to them than “Brand New Eyes.” However, all hope is not lost. Some of the things stayed the same; like the poetic lyrics and the play on words. Make no mistake, Haley William’s beautiful voice is not a waste

on this album. Regardless of the new sound, it still shines through. As far as the band goes, new addition rhythm guitar- ist Taylor York, may have something to do with the new direction taken. Joining the band pre-“Twilight,” the music since then seems more geared to incorporating him. Production is the same, if not better, which no doubt has something to do with all the new found success the band has encountered. Some of the better songs off the album like “Brick By Boring Brick,” which ends up being a creative play on words about fairy tale’s complement

William’s booming vocals and end up reproducing the sound everyone is used to. “Misguided Ghost,” another one of my personal favorites is one of the few new acoustic songs with actual depth in the lyrics. The only problem may be the fact that Haley doesn’t get to use the voice that we all know she has. “Where The Lines Over- lap,” is one of the worst songs on the album. It lacks sub- stance in the lyrics and the music gives you that Déjà vu feeling. It vaguely reminds me of “My Heart” off the album “All We Know Is Falling”, but its not as good. All in all

it brings the whole album down. Personally the lyrics seem to lack substance. While some songs do show off the power- ful vocals of Haley Williams, which a lot of Paramore fans have undoubtedly come to know and love, other’s could be stronger. In general the music doesn’t seem compat- ible with the vocals. It could be better and stronger, but overall the album is not terrible. It is definitely not what I expected, but the new sound is actually pretty interesting. Any true Paramore fan would love the CD, and hey, if you weren’t a fan before you might just become one now.

REVIEW

Jennifer’s Body so bad it’s good fun thanks to quirky writing of Diablo Cody

By Brian Johnson
Features Editor

They say a girl should be judged by her brain and not her body. Well, “Jenni- fer’s Body” has brains; albeit mischievous brains, behind the gorgeous body of Megan Fox. Except this brain belongs to Diablo Cody of “Juno” fame. This quirky and witty take on teen horror movies is one of those films that just doesn’t

take itself seriously. It has fun not trying to be the next great horror movie, but rather being a hybrid of a teen sex comedy and a campy horror flick. The movie follows two high school girls; Jennifer played by Fox, and her best friend Anita played by Amanda Seyfried (“Mama Mia!”). Jennifer is the hottest girl in school but still main- tains her childhood friendship with the geeky Anita. After spending a night with a band that Jennifer

admires, Anita realizes that Jennifer is now a possessed demon and is killing off boys in the school in order to sur- vive, and she must figure out a way to stop her. The story does sound outlandish, but in this case it works because of how the movie is laid out. Cody as a writer seems to not take the subjects of her movies too seriously. As stated previously, the brains of this movie definitely belong to Cody because Fox

has yet to really prove herself as a capable actress mostly relying on her looks to get far. She may have the potential to be the worst actress since Tara Reid. The true talent in this movie is the lovable sidekick in Seyfried. She has slowly proven herself over the past few years from her ditsy blonde role in “Mean Girls” to her convincing musically capable role in “Mama Mia!” There’s always been a soft spot in my heart for teen mov-

ies. Maybe I’m just nostalgic and like to reflect on the days of high school, but they really appeal to me. I’m a big fan of gory horror movies too. So when you combine the two genres along with the genius of Cody, it really doesn’t leave much to not enjoy. “Jennifer’s Body” is one of those movies that tell us not to take life so seriously. Sometimes it’s good to just be absolutely uninhibited, just like this movie. Ignore your senses and just have fun.

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Dr. Dallas Fitzgerald

COLUMN

It's tough being a Kansas City sports fan, for now

Being a Kansas City sports fan is a tough burden to carry. Being the true sports fan I claim to be, allows me to call my task a burden.

The Royals haven't had at least a .500 season since 2003 and haven't been in the playoffs since the George Brett era ended in the mid-90s.

The Chiefs have only won two of their last 27 games, only six in the last two years combined and haven't sniffed the playoffs since 2004, when they were promptly ousted by the Colts in the first round.

Before 2003, the last time the Chiefs had been in the playoffs was the mid-90s when Derrick Thomas and Neil Smith were still holding down the defense.

After the 1990s, Kansas City sports went into a downhill spiral.

But still, if anyone should be allowed to put down my teams it should be me, and that goes for all Kansas City sports fans.

Personally, I'm tired of hearing all this talk about how Kansas City is the worst in this and the worst at that. It gets really annoying, I can't imagine what Lions fans went through last year when they went 0-16.

John Clayton just came out and said that the Eagles shouldn't risk starting Donovan McNabb since their week three opponent is just the Chiefs. He also said we're a good team to test things on since we're not going to win many road games.



Jason Lawrence
Asst. Sports Editor

I'm offended by that, honestly. We may be down on our luck, but we're still an NFL franchise and should still strike a little bit of fear into the hearts of opposing teams.

Even Zack Greinke, who picked up his 15th win last week, can't catch a break. He's one of the best pitchers in the American League right now, arguably the best, and when his name comes up in the Cy Young race, it gets shot down with negativity.

He shouldn't win because he's on such a bad team is all I'm hearing. I don't understand. Roy Halladay in Toronto has got tons of credit for being a great pitcher when all the Blue Jays have ever done is be mediocre at best.

I feel bad saying this, but the media puts down Kansas City sports, even when we're doing well. There hasn't been anything positive said towards Kansas City during their own games, let alone on ESPN or any other big time sports network.

So for once, I'm going to say something positive about Kansas City sports. At least when all is said and done, I'll feel a little better.

So, I stand behind the Royals and the Chiefs and put my faith in them for the remainder of this year and for years to come.

Hopefully, the Royals and Chiefs return to their once proud standards within a couple of years, since both teams have a lot of talent to build off of.

AROUND THE CAMPUS

What are you going to do to show your Bearcat Pride on Saturday against Mo. West?



Driving down the game because I know we are going to win and if we weren't, the drive wouldn't be worth it.

Andrea Rose
Child and Family Studies



Shave my head and paint it all green.

Duane Dougherty
Bio Psychology



I am going to drive through St. Joe in all green and white chanting "Northwest" for hours.

Heather Hare
Theater Performance



Get a bunch of my friends together and drive to St. Joe to cheer on the 'Cats.

Justin Jones
Geography



I can't go to the game but I'll be listening on the Web site.

Lauren Culler
Corporate Recreation and Wellness



Listening to the game-cast on the Northwest Web site. Then when we win; rub it in the face of my friend on the Missouri Western football team.

Ryan Beenken
Social Science Education

AROUND THE MIAA

- Central Missouri 21 vs. Washburn 36
- Emporia State 20 vs. Fort Hayes State 40
- Nebraska-Omaha 44 vs. Missouri Southern 36
- Missouri Western 45 vs. Pittsburg State 40

SPORTS STAFF GAME PICKS

- Brian "The Bulldog's" picks Prediction record (6-7) NCAA Lock**

Penn State at Illinois— Penn My thought process behind this pick is if Missouri can beat Illinois, anyone can. Besides that, after being beat by Iowa for the second straight year the Nittany Lions will be too upset to let this game slip away.
- Jason's Picks Prediction record (3-10) NCAA Lock**

USC at California — USC Matt Barkley is back for the Trojans and he looked pretty good in his first career start in week one. Plus, Cal got annihilated last week by Oregon 42-3. Jahvid Best will take another game off and USC runs away with the win.
- NCAA Upset**

Auburn at Tennessee — Vols Tennessee hasn't looked amazing so far this year, but I think they're are better than people give them credit for. They have the first defensive player in years to actually have a shot at the Heisman in Eric Berry. The Vols played well against Florida and have enough to take down the Tigers at home.
- NFL Lock**

Cincinnati at Cleveland — Natti The Bengals helped send Pittsburgh to an improbable 1-3 start last week. Cincinnati might finally be playing up to its' talent level. Ok, so they might not make the Super Bowl, but they have what it takes to pick up the road win against the Browns.
- NFL Upset**

New Orleans at NY Jets — Jets It pains me to say it, but wonder boy, Mark Sanchez, is on fire. The Saints could be his next victim.
- NCAA Upset**

Wisconsin at Minnesota— Wisc. I really have no reason for this pick, but I'm losing more ground so hopefully this one will help. Historically, Wisconsin has been a solid team, so they'll show up this week and take the victory.
- NFL Lock**

New Orleans at NY Jets — NO New Orleans' high powered offense will finally deal Mark Sanchez the first loss of his career. Drew Brees & Co. will take it to the Jets D the way no one else has been able to so far this season.
- NFL Upset**

Tampa Bay at Washington— TB Washington lost to the Lions, I mean c'mon, do I need to even right anything else. Tampa switched up quarterbacks, but it shouldn't matter because of how terrible Washington has looked so far this season.

- Dustin's Picks Prediction record (10-3) NCAA Lock**

Florida State at BC — 'Noles The 'Noles game against South Florida was a fluke. They really showed their true colors against Miami in an instant classic and dominating win over BYU. The 'Noles get back on track in Boston.
- NCAA Upset**

UCLA at Stanford — UCLA The Bruins knocked-off the Vol-unteers in week one of the season and are undefeated going into their match-up against Stanford. The Cardinals (Trees) are at the top of the Pac-10 right now, but their only wins come from Washington and Washington State.
- NFL Lock**

Dallas at Denver — Dallas As much as it kills me to pick the Cowboys it was pretty easy considering they're playing the Broncos. These are probably my two least favorite teams in the NFL, but Dallas is the more talented of two evils.
- NFL Upset**

Tenn at Jacksonville — Jags Maurice Jones-Drew finally blew-up last week and I don't see any reason he can't do it again. I know the Titans' defense is pretty tough but Jones-Drew and the Jags o-line have the answer. Also, playing at home is always a plus.
- Seth's Picks Prediction record (4-3) NCAA Lock**

Oklahoma at Miami — Sooners Everyone thought the "U" was back, but Va. Tech showed that Miami still has some work to do. Meanwhile, the Sooners are still alive after the loss of Sam Bradford, thanks to Landry Jones and his prolific play so far. If Bradford doesn't make it back then Jones will lock this one down for my boys.
- NCAA Upset**

LSU at Georgia— LSU LSU has looked lack-luster so far this year, but have been able to pull out the game each time for a win. Even though Georgia has appeared better this year, I can't deny LSU's talent. They squeak out the win again.
- NFL Lock**

San Diego at Pittsburgh— Pitt. Pittsburgh made me look like a fool last week, but there is no way they lose three weeks in a row, right? They will get a grip on their season this game, and shut Philip Rivers up.
- NFL Upset**

Green Bay at Minnesota — GB Brett Favre made a great play to win the game last week, but Aaron Rodgers will show that he has considerable ability as well.

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MHS FOOTBALL



photo by seth cook | editor in chief

SENIOR RUNNING BACK Derek DeMott (left) follows his lead blocker, senior tight end Adam Thompson (right), to a first down. DeMott scored two touchdowns in the 'Hounds' 21-8 victory over Cameron.

'Hounds get win, set stage for MEC championship

By Christopher Woodland
Contributing Reporter

Maryville will need another big game from its defense as it travels to Chillicothe tomorrow with the MEC championship on the line. Senior linebackers Brandon Brownfield and Evan Johnson returned to the Spoofhounds' lineup last week to help shut down the previously unbeaten Cameron Dragons 21-8 to set up this week's match-up. "Defensively, we are real encouraged with what we did," head coach Chris Holt said. "We were in the right spot with about everything we did." Cole Lawyer's special teams play helped stimulate the 'Hounds' offense. Lawyer recovered a muffed punt

return by Cameron at the Dragons 28 with 1:04 left in the second quarter. Six plays later quarterback Marcus Grudzinski connected with Derek DeMott for a nine-yard touchdown pass and a 6-0 halftime lead. Lawyer came up big again by blocking a punt late in the third quarter. That set up a three-yard touchdown run by DeMott, and a two-point conversion by running back Gavin Talmadge with 8:58 left to play. With Cameron forced to pass, Tyler Peve intercepted Dragons' quarterback Zach Way and returned it 47 yards for a touchdown. Cameron scored a touchdown drive on the ensuing possession, but the 'Hounds' lead was too much for the Dragons to handle. Three teams remain with unblemished conference marks. The last two conference champions, Maryville (4-0) and Chillicothe (2-0) are joined by Savannah (2-0), which places the winner of this week's Maryville-Chillicothe game in the driver's seat for the conference crown. The last two games in the 'Hounds-Hornets rivalry have been decided by three total points. Chillicothe avenged a 20-18 season-opening loss to the 'Hounds in 2007 by dashing Maryville's hopes of back-to-back MEC titles with a 28-27 victory last season. "This is the one we've been waiting for," Thompson said. "It's pretty much the conference championship on the line. We've set ourselves up for it ... and going back and getting revenge for last year would be great."

SENIORS: Coach's original group of freshmen leave big shoes to fill on and off the court

Continued from B1

"Whether you are a junior, a sophomore or even a freshman, the seniors are always behind us and ready to pick you up if things don't work out." According to Klaus, leadership and work ethic are qualities this senior class does not lack. On the practice court the seniors help to make sure practice runs smoothly and take pressure off of the coach. "It makes everything run smoothly," Klaus said. "Practice runs smooth because the younger girls have them to look up to. They know since we all kind of started out here together they know me as a coach. They know what I want things to look like and how I want things to be run. They just do a great job."

For the underclassmen, watching the seniors lead practice and off-season conditioning, they understand the importance of strong leadership. "They push everyone so we can play to the best of our abilities," Tobin said. "Everything is for the team. They lead by example and pick everyone up around them." This senior class did not discover leadership and work ethic without help however. With the help of the senior classes ahead of them, senior Jordan Stiens and the rest of seniors learned what it would take to accomplish great things. "They worked hard, but they really showed us that if we want to be more successful than in years past we would have to work even harder, each

and every day," Stiens said. In the high school's gym, championship banners decorate the walls. Success is no stranger to the 'Hounds. However, for senior Leah Bostwick, this season stands out from years past. "We have accomplished a lot," Bostwick said. "We have set really high standards for this year. We have done okay in the past; we would win some and then lose some. This year, we have stayed focused and beat teams we haven't beaten before. Beating LeBlond was awesome." One win does not sum up this team's goals. Everyone's eyes, including Stiens', are set on the two big prizes; conference and district titles. "Our main goal is to win districts," Stiens said. "We want to win conference as

well, but mainly we want to do the best we can, knowing we gave nothing less than our best." When the season finally ends for the 'Hounds, Klaus will not only have to fill eleven roster spots, she will have replace the spots of her original freshmen class. "There's a lot that's going to be hard for me," Klaus said. "These are girls that I have had since I have been here. That's going to be hard; losing my first group of freshman that I ever had. They're going to leave behind huge shoes to fill. It's just going to be hard not seeing them every day and not seeing them in class. They're all going to be missed for different reasons." For the girls, the little things will stand out the most in their memories; the locker

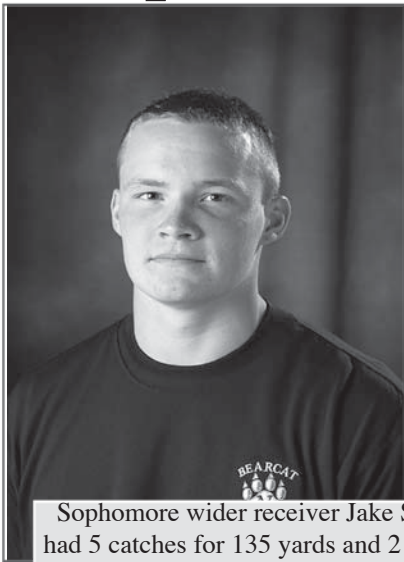
room warm-ups, bus rides and all the laughs with teammates and friends. "I'm going to miss our team the most this year," senior Jessica From said. "We have so many seniors, and we are all really close. We just enjoy playing and being with each other." In years past, the girls admit that drama has found its way onto the court and divided a locker room, but this senior class has done everything possible to keep that from happening. "We have really struggled with team chemistry in the past years," From said. "This year we have really worked on leaving the drama off the court, and just being there for each other. It has really started to come together for us this year."

Not only have 'Hounds players and coaches noticed the success, but opposing coaches have taken notice as well. "Coaches have been watching these girls for the last four years and they knew that we were going to be good," Klaus said. "Other conference coaches, before the season even started, said 'I pick you guys to win conference, if I had I to pick somebody.' It has been known that they were expected to be good this year." Whether the 'Hounds accomplish the goals they set out to achieve, or live up to each other's high expectations for the team, they will all look back on the success of their senior season with pride in themselves and each other.

NORTHWEST

ATHLETES
OF THE WEEK

Jake Soy



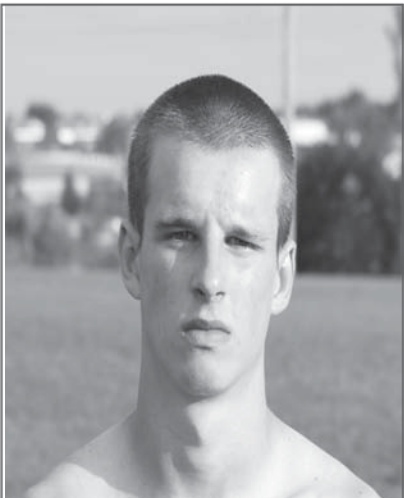
Sophomore wider receiver Jake Soy had 5 catches for 135 yards and 2 touchdowns in the Bearcats' 70-0 win over Truman State in the 75th battle for the Old Hickory Stick on Saturday. Soy's first touchdown grab was a 64-yarder from Blake Bolles that put the 'Cats up 28-0.

Sara Falcone



Junior middle hitter Sara Falcone had nine kills and nine digs in the Bearcats' 3-0 loss to Pittsburgh State Friday night. She followed it up by getting 11 kills, 10 digs and 5 blocks in the 3-1 loss to Southwest Baptist on Saturday night. Falcone leads the team in kills this season.

Derek DeMott



Senior running back Derek DeMott scored two touchdowns in Maryville's 21-8 win over Chillicothe on Friday night. DeMott scored on a nine-yard pass from Marcus Grudzinski just before halftime. He also added a three yard run to complete the Spoofhounds' scoring.

Amy Van de Ven



Junior Amy Van de Ven led the Spoofhounds to a third place team finish at the Midland Empire Conference tournament Monday at Mozingo. The 'Hounds scored a combined 399. Van de Ven finished fifth overall by shooting a 95. She also finished with all conference honors.

NWMSU

MHS

ATHLETIC TRAINING ROOM

Athletic training room bears name of legend

By Brian Bosiljevac
Sports Editor

Well-revered athletic trainer, David “DC” Colt, will forever be remembered at Northwest. The Bearcat’s training room was named after Colt following a ceremony on Friday. “It means a lot,” Colt said. “This is a personal honor from the people here, the people I worked with every day of my life. It’s a very humbling and meaningful honor that I’ll treasure for a long time.” Colt is a native of Buffalo, N.Y., and graduated from West Virginia University in 1977, received his master’s from Northwest in 1978 and his doctorate in education from the University of Missouri-Columbia in 2006. Colt was the head athletic trainer for the ‘Cats for 27 years. The work Colt did for the athletic program was not only noticed by those at Northwest. He was named the Most Distinguished Athletic Trainer by the

NATA in 2004 and the NATA Division II Athletic Trainer of the Year in 2006. He was recognized as the MoATA Athletic Trainer of the Year in 1995 and 1999 and earned the Dan Libera Service Award from the NATA Board of Certification in 2004. His work as an athletic trainer began in 1977 and over time worked his way into the Missouri Athletic Trainer’s Association Sports Medicine Hall of Fame, the Missouri Sports Hall of Fame and the Mid-America Trainers’ Association Hall of fame. Colt was recognized nationally in 2008 when inducted into the National Athletic Trainers Association Hall of Fame. Since leaving Northwest, Colt has moved on to become an athletic trainer for the United States Air Force Academy. After his departure, Kelly Quinlan has taken over the head athletic trainer position. “My time at Northwest was a long time, a very meaningful time and a time that I really, really

enjoyed. It’s something I really didn’t want to give up because I had so many memories here and so many good memories. We went through our battles, but we had so many good things happen here. My life was blessed by the people here, not only through Northwest, but through the community of Maryville. The community of Maryville is a great place to live. It was a great place to raise kids. We had a great church family here and I miss those people a lot.” Other than just renaming the training room, Quinlan hopes to add to it to fit the growing pro-



DAVID “DC” COLT TEARS up at the dedication of the althetic training room in his name. Friends and family in the community shared in the dedication ceremony Friday.

grams at Northwest. She hopes the new amenities of the training room will be open and available as early as next fall. Quinlan shared the excitement of the training room bearing the name of Colt. “DC is my best friend in a lot of ways,” Quinlan said. “He’s definitely my

mentor. He’s somebody who means a lot to me and means a lot to so many people. To me personally, I wouldn’t be where I am today without him. To be head athletic trainer at age 31 at a Division II school, I owe it all to him. So without him I wouldn’t be where I am, or who I am.”

SCORE BY QUARTER

| | | | | | | |
|-------|---|----|---|----|---|----|
| (1-4) | 0 | 0 | 0 | 0 | — | 0 |
| (4-1) | 7 | 14 | 0 | 14 | — | 35 |

TEAM STATISTICS

| Northwest | | Truman State |
|-----------|---------------------|--------------|
| 497 | Total yards | 92 |
| 60 | Total plays | 67 |
| 228 | Rushing yards | 47 |
| 34 | Rushing attempts | 48 |
| 0-0 | Fumbles-lost | 0-0 |
| 269 | Passing yards | 45 |
| 26 | Passing attempts | 19 |
| 8-65 | Sacks-yards | 1-10 |
| 15-26-1 | Comp.-Att.-Int. | 4-19-2 |
| 4-102 | Punts-yards | 12-397 |
| 8.3 | Off. yards per play | 1.4 |
| 22 | First Downs | 11 |
| 7-65 | Penalties-yards | 6-50 |
| 2-12 | Int-yards | 1-20 |
| 7 of 12 | Third downs | 4 of 19 |
| 1 of 1 | Fourth Downs | 0 of 1 |

WEEKEND PREVIEW

Northwest is 10-4 against the Grif-fons in St. Joseph and have won 20 straight MIAA road games.

Senior defensive end Sean Pad-dock recorded the 25th sack of his career on Saturday against Tru-man. The most in Bearcat history.

Northwest has won their last five games against Mo. West and 11 of the last 13 dating back to 1996.

COLUMN

North Alabama goes through complete overhaul in the wrong manner behind big name coach, D-I rejects

The University of North Alabama went through a complete overhaul from last season after losing to Northwest in the national semi-finals 41-7 at Bearcat Stadium. The Lions of UNA are looking to bring their program back into the limelight. The Heisman of Division II is named after UNA alum Harlon Hill. Hill played for the Chicago Bears from 1954-61, won the Rookie of the Year in ‘54 and Most Valuable Player in ‘55, he was also a three time All-Pro selection. UNA has also won three consecutive D-II championships 1993-95; their only three championship wins. The D-II national championship is held at their home field in Florence, Ala., and has been held there every year since 1986. The Lions haven’t reached the national championship on their home field since 1995. The way the Lions program is trying to reach that level again in my opinion is less than honorable and makes a bad name for all of D-II. UNA fired their head coach Mark Hudspeth, who was 66-21 with five play-off appearances



Dustin Sander
Convergence Director

in seven years at the end of last season and hired Terry Bowden on Dec. 13, 2008. Bowden, the former coach of Auburn University, led the Tigers to a perfect 11-0 season when Auburn was ineligible for any post-season games because of recruiting violations. He also won the Walter Camp Coach of the Year in 1993. Bowden is best known for his family; his father Bobby, head coach of Florida State for the last 33 years, his brother Tommy, former head coach of Clemson, and another brother Jeff who joins him at UNA after being the offensive coordinator at Florida State. Bowden used his family ties and big name to overhaul the entire Lions roster with D-I transfers. The Lions have only five original recruits that started their last game. Of the 18 transfers, 11 of them are from BCS schools, including four from Bowden’s father’s Florida State team. Northwest has zero D-I transfers on their roster and the No. 1 team in the country, Grand Valley State, has a whopping six, one of which start. Running a team like this,

in my opinion, ruins what D-II football is all about. This program isn’t made to harbor D-I dropouts that have either failed out of school once already, like UNA’s receiver Mico McSwain who failed out of the University of Mississippi, or gotten into trouble with the law, like UNA’s Preston Parker and Quinton Andrews. Parker, a receiver from Florida State, who had been arrested three times since 2006 for stealing, illegal weapons, drugs and driving under the influence. Andrews, a strong safety from West Virginia, was suspended, arrested and suspended again before being asked to leave the team. D-II is the place for the elite players who were over looked by D-I scouts to shine. There no need for the this division to be polluted with D-I rejects. I understand UNA’s urge to jump back to the top of D-II, but please do it the right way. Recruit high school players and community college athletes; invest more money into the facilities and making the school a better place for students-athletes. Do not take the easy way out and throw God knows how much money at a former D-I coach with a big name and expect his last name to bring you success along with all his D-I rejects.

VOLLEYBALL

‘Cats come away from weekend empty-handed, fall to ninth in MIAA

By Brian Bosiljevac
Sports Editor

After coming away empty handed in two matches over the week-end, the Bearcat volleyball team will head to Topeka Kan. for the Washburn Invitational. Pittsburg State dropped the ‘Cats in three straight sets to open the weekend at Bearcat Arena. “At times we played really well,” head coach Anna Tool said. “We were blocking well even if it didn’t necessarily end the rally. It was helping put us in a good situation because it would throw them out of system. At times, it’s been the theme for the whole year, where we look really really good and then we look really really bad.” The ‘Cats put up a strong effort against the No. 21 Gorillas. Northwest dropped the second set by only three points and after being behind 24-16 in the third set, the ‘Cats rallied to put together eight unanswered points, tying the match. Pittsburg State scored the next two points

closing the set 26-24. Ashley Mitchell and Sara Falcone put up good numbers hitting .458 and .444 respectively. But 20 attack errors kept the ‘Cats from coming away with the upset. “It’s frustrating, but I think it shows we are right there with the ranked team,” Falcone said. “We just have to do one little thing here and there and we’ll come out with the win.” Following the Pittsburg State loss, the Bearcats (8-9, 1-4) also dropped Saturday’s match to Southwest Baptist. After taking the first set in commanding fashion, 25-18, the ‘Cats let sets two, three and four slip away. Amber Ryan led Northwest with 12 kills and four block assists against the purple Bearcats. Falcone added 11 kills and four block assists as well. Laura Akin brought in two kills, six digs and 27 assists before leaving the game with an injury. Akin left the game due to a bulging disc in her back and received a cortisone shot for the

pain on Tuesday. She will remain day-to-day and Tool hopes to have her back practicing with the team by Thursday. The always-powerful MIAA currently boasts six teams in the NCAA top 25. The ‘Cats are sitting in ninth place out of eleven teams in the conference. “It definitely hurts (the loss to Southwest Baptist),” Tool said. “We need to take care of every unranked team we play. When we beat ourselves, not to take anything away from SBU, but I think player for player we are a stronger team. If we show up to play, we win. If we don’t show up to play, then a performance like Saturday happens.” Next the ‘Cats will take a week off of conference play to head to Topeka, Kan., for the Washburn Invitational. “Yeah it’s nice (getting the week off from conference, play),” Falcone said. “We will get the chance to play some teams who have played people in our conference so it’ll be nice to see how we match up against them, and get some wins.”

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NW FOOTBALL



photo by seth cook | editor in chief

SENIOR RUNNING BACK LaRon Council prepares to burst through the hole. Council finished the game with 56 yards rushing and two touchdowns.

'Cats face Griffons for MIAA crown

By Dustin Sander
Convergence Director

The No. 2 Bearcats and No. 12 Griffons face-off Saturday as ranked teams for only the second time in the last 28 years.

The game will feature the only two unbeaten teams left in the MIAA and may decide the MIAA champion. The 'Cats have won three straight championships whereas Missouri Western has only won one championship: in 2003 that was split with five teams, including Northwest.

"I look at each week at a time and that's as big as it gets, in the MIAA, we control our own destiny," senior linebacker Evan Wilmes said. "The national rankings just intensifies the rivalry."

Northwest has never lost to Missouri Western when the 'Cats have been a nationally ranked team.

The 'Cats blew out Truman State 70-0 last week and the starters on both defense and offense didn't play in the second half.

"I feel good, I feel like the starters got enough reps in the first half. And it even carried on with the two's into the second half," sophomore receiver Jake Soy said. "That momentum will carry us into the weekend."

The 'Cats lead the nation in sacks with 24 after getting eight against Truman last Saturday. Northwest also leads the MIAA in scoring defense, allowing 14 points per game.

The 'Cats defense will look to slow the MIAA's second best offense, led by junior quarterback Drew Newhart and senior receiver Cedric Houston. Newhart has thrown for 14 touchdowns and 1,234 yards passing. Houston already has 10 touchdown receptions on the season.

"When you play a team that throws the football you've got to try and put some pressure on the quarterback," coach Mel Tjeerdsma said. "Obviously, we'll try and do that different ways, but on the other hand, because they can run the football, you can't just lay back your ears and rush because you're going to have some problems with the running game. So, we have to respect the fact that they're a really balanced offense right now."

Kick-off is at 1:30 p.m. Saturday, at Spratt Stadium in St. Joseph, Mo.

MHS VOLLEYBALL

#9 Becca Seipel

#2 Leah Bostwick

#15 Melanie Spinnato

#21 Jessica From

#6 Libbey Howell

#4 Malorie Barnett

#16 Jordan Stiens

#14 Amanda Redden

Spoofhounds shine behind senior leadership, comraderie

By Tony Botts
Missourian Reporter

For the past four years, eleven girls walked the halls and worked the nets of Maryville High School, waiting for their turn. They are waiting for their once in a lifetime chance, a chance that no one wants to screw up; their senior season.

Since her freshman year, senior Tracy Jensen had visions of her senior season.

"Freshman year, we had girls playing at all levels; freshman team, junior varsity and even varsity," Jensen said. "We knew that by staying together all four years, and busting it in the weight room and on the courts, we could do something special. We set the bar high as a senior class, and we are putting all of our energy towards winning a conference title, a district title and hopefully moving on deep into state. We know we can accomplish anything we put our minds to."

The freshmen were not the only ones with their minds on the future. Head coach Lori Klaus saw the amount of talent in her first freshman class as head coach and knew there was something special to be found.

"They were very skilled as freshman players," Klaus said. "They were kind of split up; I had

one on varsity as a freshman, had a couple on junior varsity and still had enough for a freshman team. You could tell even when they were freshman how good they could be. The parents were saying 'When they are seniors they are going to be really good.'"

The seniors have not only lived up to 'good,' they have gone beyond it. The 'Hounds have won 18 of their 19 matches this season and have climbed the state rankings and found themselves ranked third, respectively, in their state classification.

Talent alone did not propel the team to success. The girls are aware of this, and so is Klaus.

"They know they have to work hard to compete at the level they are competing at," Klaus said. "They get in the gym and get it done and they're good examples for our younger girls. If someone is slacking I almost don't have to say anything. They kind of take care of it themselves."

Rachel Tobin, the only junior on the varsity squad, has watched two previous senior classes come and go, but truly feels welcome on and off the court by the seniors.

"The girls are there for you no matter what," Tobin said.

See VOLLEYBALL on A10

#11 Hailey Kenkel

#17 Tracy Jensen

#23 Cindy Haddock

11 seniors,
1 team, 1 goal

MHS SOFTBALL

Errors cost 'Hounds, teach tough lesson in third loss of season

By Jason Lawrence
Asst. Sports Editor

Errors played a huge role in Maryville's 3-2 loss to St. Joseph Lafayette on Monday night.

"I could probably pick out four (errors) just defensively," head coach Jacqui Conn said. "Then there were a couple things offensively that we didn't quite execute on and we should have. But combined, I would say at least five, easy. Usually we have one, if that."

Beside the errors, the Spoofhounds couldn't solve Lafayette pitcher Kelsey McMurray, who recorded 12 strikeouts in the game.

"We know that she's a good pitcher," Conn said. "But, you can't go up there swinging for

the fences when you have two strikes. You have to shorten up and make contact. You have to learn from each at bat and each pitch. I think we just kind of let the ball game get away from us."

The Irish kicked off the scoring early, getting a run in the top of the first off of 'Hounds starter Holly Wilmarth.

That 1-0 held up until the 'Hounds finally broke through in the bottom of the third inning.

Junior Taylor Gadbois hit a single over first base that landed between two Lafayette fielders, then senior Jayde Cherkas hit an RBI double up the middle to score Gadbois and tie the game up at one apiece.

Both teams' bats were quiet until the top of the sixth inning.

Lafayette got a triple and two RBI singles in the inning and also got a base runner courtesy of a Maryville error.

Maryville was down to their final out when Amanda Nally reached second base after the ball bounced off Lafayette's centerfielder's glove. Nally scored on the next pitch when the Irish catcher threw the ball into centerfield on a botched steal attempt.

Freshman Baylee Scarbrough pinch hit for Emily Kisker and singled to keep the 'Hounds' hopes alive. Sophomore Hailey Roush, who came in the top of the inning as a defensive replacement, fouled out to the third baseman to end the game.

The loss moves Maryville to 12-3 on the season heading into the regular season finale.

"It's a good lesson to learn before districts," Conn said. "We've had this happen before in pressure situations where we want to win, but honestly when you make that many errors, you can't expect to win the game."

The Spoofhounds take on North Platte at 5 p.m. tonight at Maryville High School.

Maryville has big goals for their season that go far beyond Thursday.

"The girls want to win districts and I know we can," Conn said. "Every year we felt like we could win our district and we just let it get away. Some people say if we could just get out of districts we would be fine and I think that's sometimes the problem. We want to win it all and that's what we're going to work for."



photo by jason lawrence | asst. sports editor

SOPHOMORE PITCHER HOLLY Wilmarth delivers a pitch to a LeBlond batter in the Spoofhound's 3-2 loss at home on Monday afternoon.